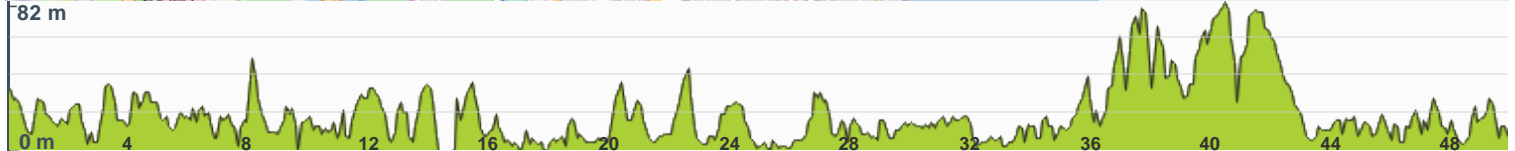
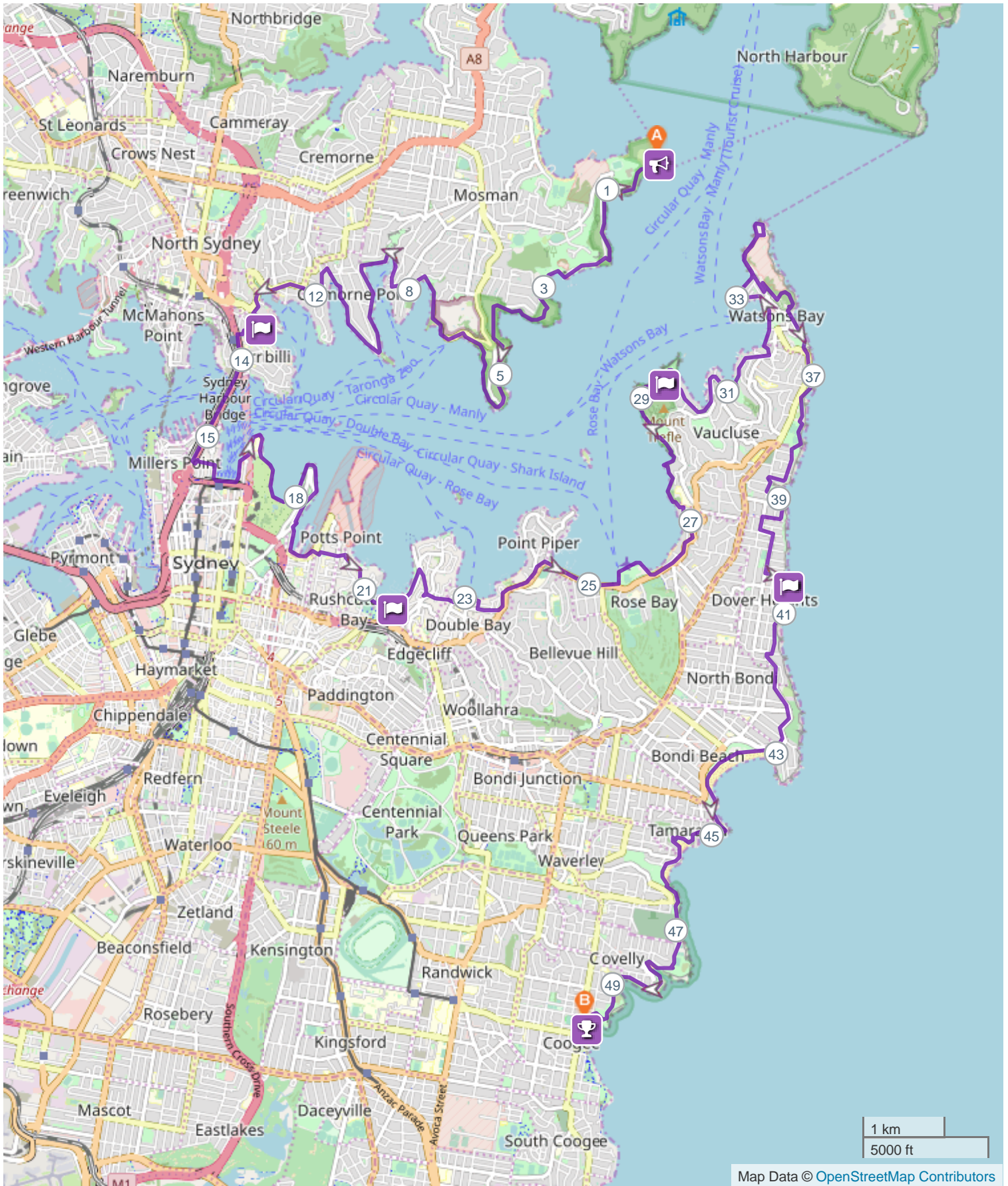






Coastrek Sydney 2025 - 50km Event



ROUTE DIRECTIONS


No	Km	Turn	Directions
1	0.000		 50km Start - Middle Head, Mosman
2	0.035	←	Cross Old Fort Rd
3	0.055	↖	Follow the Middle & Georges Head Walking Track towards Chowder Bay
4	1.933	↘	Turn sharp right onto Middle and Georges Head Walking Track towards Chowder Bay
5	2.538		Take the steps down towards Chowder Bay
6	2.587	→	Turn right towards Chowder Bay
7	2.677	↖	Walk across the beach
8	2.808	←	Move from the sand to the foreshore walkway to continue heading south past Clifton Gardens Reserve
9	2.977	↖	At the end of the beach, follow the path around to the left
10	3.081	←	Turn left
11	3.172	←	Turn left & follow the Taylors Bay Track
12	3.460	→	Turn right to continue on Taylors Bay track
13	5.466	→	Follow the track past Bradley's Head
14	5.500	←	Continue on past the toilets
15	5.541	↘	Rejoin Bradley's Head Walking Track
16	6.197		Continue straight ahead on Bradley's Head Walking Track
17	6.507		Continue straight up towards the road
18	6.846		Follow the track towards Sirius Cove
19	7.148	↗	Turn slight right following the Taronga Zoo boundary
20	7.593		Walk past Sirius Cove, through the park & past the playground
21	7.688	↖	Take the steps
22	7.713	←	Turn left and follow the path at Curlew Camp rd
23	8.012	↖	Head towards Raglan St
24	8.042	→	Take the steps to Upper Raglan St
25	8.141		Carefully cross Musgrave St, then veer left
26	8.161	↗	Cross Mcleod St and take the path right down Mcleod St on the left-hand-side
27	8.221	→	Turn right & head down Trumfield Lane to Mosman St
28	8.390	→	Follow the path & steps down towards the Mosman Ferry
29	8.439	→	Follow the path around Mosman Bay
30	8.844	←	Follow the Jasmine Walk towards Cremorne Point
31	10.323	↘	At the tip of Cremorne Point, keep right
32	10.431		Carefully cross Milson Rd
33	10.451	↗	Continue on the Cremorne Point Foreshore Walk

No	Km	Turn	Directions
34	11.499		Turn left & walk along Bogota Av
35	11.613	←	Turn left onto Honda Rd
36	11.718	↖	Turn left onto Shellcove Rd
37	11.903	↗	Turn right onto Billong St
38	12.027	→	Cross over Kurraba Rd onto the footpath & turn right
39	12.167		Cross over Wycombe Rd & continue straight along Kurraba Rd
40	12.521		Cross over Ben Boyd Rd & continue straight along Kurraba Rd
41	12.591	↖	Turn left down the stairs towards Anderson Park
42	12.676		Continue straight across the park towards Clark Rd
43	12.801		Turn left & follow Clark Rd
44	12.876	↖	Turn slight left & head up Hipwood St
45	13.050	←	Turn left onto High St
46	13.210	→	Carefully cross High St to the right & head down the path towards Milson Park
47	13.335		 You've arrived at the North Sydney Luv Stop!
48	13.345		Depart the Luv Stop & head south towards McDougall St
49	13.399	↖	Turn left onto McDougall St
50	13.424	↘	Carefully cross McDougall St to turn right onto Winslow Lane
51	13.574	←	Turn left onto Winslow St
52	13.619	→	Turn right onto Willoughby St
53	13.679	←	Cross Willoughby St to turn left onto Broughton Street
54	13.699	↖	Cross over Broughton St towards Milson Point Station and turn left
55	13.784		Cross over Ennis Rd & head towards the Harbour Bridge steps
56	13.853		Enjoy your stroll over the Sydney Harbour Bridge
57	15.368	←	Take the steps down towards Cumberland St
58	15.394	→	Take the pedestrian crossing over Cumberland St then turn left
59	15.460	→	Follow the Argyle steps down
60	15.473	↘	Turn sharp right onto Grosvenor Walk
61	15.490	←	Turn left onto Argyle St
62	15.630		Cross over George St & head down towards Circular Quay
63	15.723	→	Turn right & follow Circular Quay towards the Sydney Opera House
64	16.793	→	Turn right to walk around the Sydney Opera House
65	17.146	↖	Follow the path around the Royal Botanic Gardens towards Mrs Macquarie's Point
66	18.523		Follow the path down to continue alongside the water
67	19.272		Turn left to follow the path down towards the water
68	19.292	→	Continue straight to follow the harbour

No	Km	Turn	Directions
69	19.659	←	Turn left & follow Cowper Wharf Roadway
70	19.978	→	Turn right, cross over Cowper Wharf Rd & head up the McElhone Steps towards Kings Cross
71	20.090	←	Turn left onto Victoria st
72	20.125	→	Turn right onto Challis Av
73	20.328	←	Cross over Macleay St & turn right
74	20.354	←	Turn left down the laneway & follow the path
75	20.459	↗	Cross over Billyard Av & turn right to follow Billyard Av
76	20.724	→	Turn right onto Ithaca Rd
77	20.888	↙	Cross over Elizabeth Bay Rd via the pedestrian crossing
78	20.908	↖	Turn left to cross Roslyn Gardens towards Holdsworth Av
79	20.952	→	Turn right at Holdsworth Av
80	21.048	↖	Head down the steps and walk across Rushcutters Bay following the water
81	21.427		 You've arrived at the Rushcutters Bay Luv Stop
82	21.427		Exit the Luv Stop and continue to follow the path heading north, past the sailing clubs
83	22.041	→	Cross over New Beach Rd & turn right heading up Yarranabbe Rd
84	22.425	←	Turn left on Darling Point Rd
85	22.480	↗	Cross over Darling Point Rd & head down Marathon Road, then Marathon Steps into Double Bay
86	22.804	←	Cross over Ocean Av & turn left towards the water
87	22.929	→	Turn right & follow the path past the wharf & along Double Bay Beach
88	23.203	↗	Turn right onto Beach St
89	23.303	←	Turn left onto William St, heading up towards New South Head Rd
90	23.560	↖	Turn slight left onto Rose Bay Cycleway & follow the path towards Rose Bay
91	25.354	↖	Veer left to follow the path past the Rose Bay wharf continuing on the water-side of Lyne Park
92	26.017	↖	Veer left to follow New South Head Rd
93	26.860		Turn left onto Tivoli Av
94	27.160	←	Turn left on Bayview Hill Rd
95	27.289	↗	Follow the Hermitage Foreshore Walk towards Nielsen Park
96	29.312	←	Join the Promenade walk at Shark Beach (opened Feb 2025!)
97	29.355	←	 You've arrived at the Vaucluse Luv Stop
98	29.365	←	Depart the Luv Stop and head up the steps behind the toilet block to Bottle & Glass Rd
99	29.418	↖	Stay left
100	29.729	↖	Turn left to follow Coolong Rd

No	Km	Turn	Directions
101	30.230	←	Turn left to cross the Beach Paddock
102	30.453	←	Turn left to follow Wentworth Rd
103	31.046	↙	Turn left to head down to the Parsley Bay Bridge
104	31.189	←	Turn left & follow the path up the steps or ramp to The Crescent
105	31.323	←	Turn left onto The Crescent
106	31.858	←	Turn left onto Palmerston St & head down to Gibson's Beach
107	31.989	↗	Turn right to follow Marine Pde & continue along the water front past the wharf & restaurants
108	32.595	←	Turn left onto Cove St
109	32.658	↖	Turn left onto Pacific St
110	32.942	↖	Turn left to follow the path around Green Point
111	33.179	←	Turn left & head down towards Camp Cove Beach (finally some sand! Woohoo!)
112	33.446		Head up towards South Head Lighthouse
113	33.602	↖	Turn slight left onto South Head Lighthouse Walk
114	34.461	↖	After you've looped Hornby lighthouse, rejoin the South Head Lighthouse Walk
115	34.470	↖	Turn slight left onto South Head Lighthouse Walk back towards Camp Cove
116	35.040	↖	At the Camp Cove Kiosk, turn left to follow Cliff St
117	35.272	↙	Turn left, crossing Cliff St & follow the trail up to Watson Rd
118	35.402	↘	Cross over Watson Rd & turn right onto Gap Bluff Rd
119	35.684	←	Turn left to follow the path next to the Armoury
120	35.820	→	Turn right & continue on the path towards the Gap
121	36.155	←	Turn left & follow the path up the hill along Coastal Clifftop Walkway, adjacent to The Gap
122	36.934	↖	Turn left & follow the Coastal Cliff Walk
123	37.994	←	Turn left to follow the path across Clarke Reserve towards the playground
124	38.098	↙	Turn left & follow the path down along Jensen Av, Marne St, Chris Bang Cres
125	38.630	←	Veer left down the pathway through Diamond Bay Reserve
126	38.859	←	Turn left to follow the Cliff Walk
127	39.308	→	Turn right to follow Oceanview Av
128	39.517	←	Turn left to follow Military Rd
129	39.682	←	Turn left to continue on Military rd
130	39.849		Turn right to continue on Military rd
131	40.326	←	Turn left to follow Weonga Rd
132	40.541	↗	Turn right & walk through the Rodney Reserve
133	40.657		You've arrived at the Dover Heights Luv Stop

No	Km	Turn	Directions
134	40.667		Depart the Luv Stop & continue through Rodney Reserve along the fence line
135	41.354		Continue straight along Lola Rd
136	41.539	➔	Turn right onto Douglas Pde
137	41.598	➤	Turn left to follow Military Rd towards Bondi Beach
138	41.988		Carefully cross over Military Rd, at Murriverie rd and turn left to continue walking towards Bondi Beach (please follow instructions from traffic management)
139	42.871	↖	Cross over Campbell Pde via pedestrian crossing
140	42.901	↘	Turn right and head down the stairs next to the North Bondi RSL Club
141	43.020	↘	Cross over Ramsgate Av
142	43.040	➔	Turn right onto Eastern Beaches Coastal Walk with Bondi beach on your left
143	44.073	➤	Head past the toilets & up at the steps
144	44.085	➤	Turn left onto Eastern Beaches Coastal Walk
145	44.158	↖	Veer left down the steps & follow the path around Bondi Icebergs & above the Bondi Ocean Pool
146	44.328	↗	Continue straight to join the Eastern Beaches Coastal Walk
147	44.584	➔	Turn right up the stairs
148	44.633	↖	Turn left to follow the path around Marks Park
149	44.776	➤	Turn left & head down the stairs to rejoin the Eastern Beaches Coastal Walk
150	44.790	➔	At the botton of the steps, turn right onto the Eastern Beaches Coastal Walk
151	45.413	↖	Keep left down to the Tamarama beach promenade
152	45.458		Follow the path across Tamarama Park towards the toilets
153	45.605	↖	Follow the path up to Tamarama Marine Dr
154	45.650		Continue straight on Tamarama Marine dr
155	45.994		Veer left & take the path towards Bronte Beach Promenade
156	46.059	↖	Follow the Bronte Beach Promenade
157	46.329	➔	Turn right before the toilets & follow up to the road
158	46.393		Follow the path along Calga Pl
159	46.664	➤	Turn left & follow the path across South Bronte Reserve
160	46.712		Follow the coastal walk
161	47.196		Continue straight heading towards Clovelly
162	47.561	↗	Follow the path down to Clovelly Beach
163	47.931		Continue on the coastal path around Clovelly Beach
164	48.137	↘	Turn right up towards the Clovelly SLSC
165	48.146	➤	Turn left & follow the path in front of the Clovelly SLSC
166	48.189	↗	Continue on the path around the Clovelly carpark
167	48.427	↖	Turn slight left to follow the path to Gordons Bay

No	Km	Turn	Directions
168	49.182	↖	Turn left & follow the coastal path around Dunningham Park towards Coogee
169	49.713	←	Turn left along the Coogee Beach Promenade
170	49.801		Veer right into North Goldstein Reserve
171	49.886		 Woohoo! You've made it to the finish!